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shire officers ::

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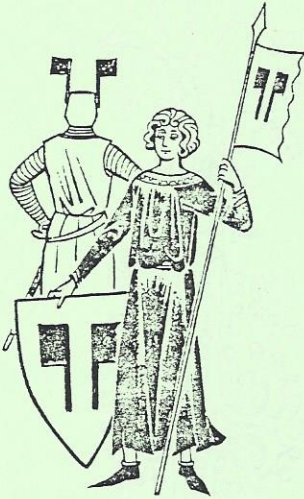
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his is the WINDSWEPT, published by and for the members of the Shire of Windkeep in the Kingdom of the Outlands, of the Society for Creative Anachronism, Inc. Subscription rates are \$8.00 per year (for 12 issues) beginning in January (price is pro-rated for subscriptions starting mid-year).

It is NOT an official publication of the SCA, Inc., and makes no attempt to delineate SCA policy.

HARK! TIME TO RENEW YOUR SUBSCRIPTION! Don't be the first up against the wall when the Normans come just because you didn't read about it in the Windswept!

Price for all of 1990 --> ONLY \$8.00 !

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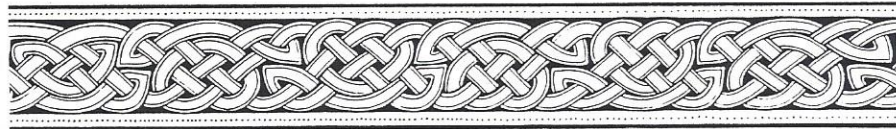
Mundane name: _____

Address: _____

Phone # (optional): _____

Mail to: THE WINDSWEPT
c/o Betty Creegan / 4301 Hayes Avenue / Cheyenne, WY 82001
(Make checks payable to: SCA-Shire of Windkeep)

HARK !!!
 THIS IS YOUR LAST ISSUE OF
 THE WINDSWEPT!! TO RENEW
 YOUR SUBSCRIPTION AND
 BE ASSURED OF RECEIVING
 THE JANUARY ISSUE; SEND
 \$8.00 TO THE CHRONICLER
 ERE DECEMBER 31 !!!
 (Make checks payable to: SCA-Windkeep)



DECEMBER -----

Fri 8	Unser Haven -- Demo at University Mall, 7:30 (Rhianwen, 303-223-4537)
Sat 9	Caer Galen - MIDWINTER AND CAER GALEN DEFENDER TOURNEY (Francesca, 303-442-3421)
Sun 10	WINDKEEP -- POPULACE MEETING
Mon 11	Unser Haven -- Dance Practice (Catriona, 303-226-2018)
Sat 16	WINDKEEP - FEAST OF ST. CORETIN / HUNTER'S BANQUET (Maeve, 632-8938)
Sun 17	WINDKEEP - Feast Post-Mortem Get-together and Mail-making Party (Maeve, 632-8938)
Mon 18	Unser Haven -- MSND caroling at Good Samaritan Nursing Home (Rhianwen, 303-223-4537)
Sat 23	WINDKEEP - Archery practice (Rhys, 632-1133)
Thu 28	WINDKEEP - University of Windkeep -- Crossbow bolt construction
Sat 30	WINDKEEP - Archery practice (Rhys, 632-1133)
Sun 31	WINDKEEP - New Year's Party (attend populace meeting for info)

JANUARY -----

Sat 6 Caerthe - TWELFTH NIGHT (Duke Christopher, 303-450-7060)
Sun 14 Late Midwinter Archery Tournament (Alaric, 303-451-6463)
Sat 20 Caer Galen - Benefit Raffle (Taryn 303-494-8780)
Sat 27 Unser Haven - Beggars Feast (Rhianwen, 303-223-4537)

FEBRUARY -----

Sat 3 Dragonsspine - Candlemas (Harold, 719-598-7499)
Sat 17-19 ESTRELLA WAR (Baron Egan Blackwolf, 602-277-2682)

=====REGULAR HAPPENINGS=====

POPULACE MEETING: Sunday, December 10, at 7:00 pm, at Maelgwyn's house (4301 Hayes Avenue). Bring your own cokes and munchies. Who knows what the meeting might degenerate into....

UNSER HAVEN DANCE PRACTICE: 2nd and 4th Mondays, Harmony Presbyterian Church, Ft. Collins, starts at 7:00 pm. Medieval aerobics at its finest! Expect to attend the social hour at Perkin's afterwards--lots of interesting discussions usually ensue. For carpooling info, contact Maeve.

MERCENARY SINGERS OF THE NORTHERN OUTLANDS: 1st Mondays at Maeve's house in Windkeep; 3rd Mondays at Rhianwen's great hall in Ft. Collins (clubhouse of apt complex directly across street from dance practice site) For carpooling info, contact Maeve.

UNSER HAVEN FIGHTER PRACTICE: Sundays from 1:30 to whenever, at the Grange Hall in Ft. Collins. For more info, contact Lady Llamrei at 303-490-2936. They have excellent teachers and loaner armor. Come see Titus sitting around telling everyone what to do.

ARCHERS OF WINDKEEP: Every Saturday from noon to 1 pm, at the easement just beyond Afflerbach Elementary School (take Central Avenue south to Wallick Rd, turn right and park in the faculty parking lot. The archery butt is just up the hill from the barrel-racing track. We have lots of bows of all different weights, plus two crossbows.

UNIVERSITY OF WINDKEEP : There will be a class in CROSSBOW BOLT CONSTRUCTION on Thursday, Dec. 28, 6:30pm, at Maeve's house (4301 Hayes Avenue). History of crossbows and dimensions of medieval crossbow bolts will be discussed. To build your own set of bolts, you will need:

- 6 heavy cedar arrow shafts (for a 45-50 lb bow at least)
- 12 field tips (we're finding that the 160-grain ones work better)
- 36 5"-feather fletchings, 12 of one color, 24 of another

All of these items can be acquired from the little archery store on Storey Blvd (a few blocks east of Yellowstone)---they even sell fletchings by the dozen, instead of the 100-unit bag. Everyone's invited, even if you just want to watch everyone else do the work.

The CANDLE-MAKING class has been postponed to January, as this class will need to meet at least twice, and there isn't much free time in December (with all the holidays & feasts going on). Stay tuned for more details.

NEED HELP BUILDING A COSTUME? Maeve will help anyone---just call her and set up a time to work on it. Sharpen your needles now for some new garb by the Yuletide season!

Credits: Front cover - The Flight to Egypt, from the Visconti Hours, a late 15th century Italian manuscript.

=====PEN PAL CORNER=====

Lord Mlodn & Lady Renate's new address in Iceland is:
Fred and Pat Hansen
PSC Box 764
APO New York, NY 09673-2055

=====



Feast of St. Coretin. Hunter's Banquet.



The harvest has ended, the hunters have returned, Yuletide approaches, and the Shire of Windkeep now pauses to celebrate the Feast of St. Coretin with a Hunter's Banquet on December 16, 1989. As the good St. Coretin was granted a miraculous fish from which he cut his supper and tossed it back into its pond (whereupon it regenerated what had been lost), our Feast will have Rainbow Trout in abundance. In addition, the hunters of the Shire have generously contributed Venison, Rabbit, and Antelope for the feast. To this feast the Shire of Windkeep heartily invites the populace of our fair Kingdom.

ARTS & SCIENCES DISPLAY/COMPETITION: At the feast, there will be an Arts & Sciences Display/Competition of any item which has one or more fish in its design and/or decoration. Be creative!

DAYTIME ACTIVITIES: If we are blessed with clear weather, the Shire's normal Archery Practice will be held at noon at the Afflerbach Elementary School easement, with the emphasis on unusual, possibly profitable (!) and fun archery games (ever shot a popinjay with a crossbow?). There is room nearby for melees as well, if fighters wish.

NEWSLETTER BENEFIT RAFFLE: At the feast, a number of valuable and beautiful items will be raffled to benefit our newsletter. Tickets will be \$1.00 apiece, and you need not be present to win. A few of the items are:

Onyx backgammon set	donated by Lord Mlodn & Lady Renate
Collection of medieval music (tape & sheet music)	" " Lady Maeve
Feast gear for one*	Lord Mlodn & Lady Renate
Feast gear for two*	Lord Mlodn & Lady Renate
Camp cot	Lord Mlodn & Lady Renate
15th-century style wooden bench	Lord Maelgwyn
Set of homemade candles	Lady Maeve

*set includes plates, bowls, mugs, placemats, candlesticks, & silverware

There will also be fabric, costume items made by Lady Maeve, books, and other items up for the raffle.

THE FEAST: Feast site is the hall at the First Christian Church (the corner of 27th St. and Carey Avenue in Cheyenne). This is a DRY SITE, and all candles **MUST BE IN CONTAINERS**. There are rooms available for changing into garb before the feast. The hall opens at 4:00 pm for set-up, and the feast will begin around 5 pm.

The menu will be:

- Breads, Spreads, and Jerked Delicacies
- Vegetable Stew
- Venison, Antelope, Etc, with New Potatoes and Sauces
- Fish and Fowl, with Rice Pilaf
- Coneys and Meatballs
- Sweet Breads, Muffins, and Delicacies
- Baked Apples in the King's Tradition
- Hot and Cold Spiced Juices Throughout

Reservations with payment included are highly encouraged. The fees are:

Ere December 1 -- \$8.00 per person
December 1 to 15 -- \$10.00 per person

Smalls over 6 years old can feast for half-price. Send all reservations to the Feastocrat. Crash space is available (contact the autocrat).

For more information, contact:

AUTOCRAT: Lady Gwyneth Maeve of Falconguard (Betty Creegan)
4301 Hayes Avenue, Cheyenne, WY 82001 (307) 632-8938

FEASTOCRAT: M'lady Aldith o Baddon Poeth (Debbie Hammons)
3400 S. Greeley Hwy, #133, Cheyenne, WY 82001 (307) 632-1133

Unto the good people of the Outlands

TO ARTS TO ARTS

The call goes out to all the many talented artisans of our kingdom. One of the battles in this year's Estrella War will be in the area of the Arts and Sciences. Outlands artisans are invited, (indeed, welcomed and encouraged) to participate in this year's competition. Our efforts will bring glory to our kingdom and as we are fighting on the side of Caid, will also join with the efforts of our noble fighters for the benefit of Caid. We hope to be a major factor in the gaining of the Arts and Sciences war point.



In order to accomplish this goal, we need items of the highest quality. TRM have afforded me the honor of appointment as general in charge of Arts and Science for the Outlands for this event. My deputies and I will be searching the length and breadth of the kingdom for masterpieces to bring our kingdom together with Caid, honor, glory, and victory. Any artisan who would like to participate but is unable to attend can send their entry to me, I will personally guarantee its return safe and sound into your hands. Please include mailing data with your entry.

More details will be forthcoming as soon as I learn more about categories and rules. For further information please contact:

Lady Catalina de Almeria y Tiermas
C/O Karen Lovejoy
343 Rainbow
El Paso, TX 79912
(915) 584-2470 (Please leave
message with
phone answering
servant.)

NOTE: Lord Maelgwyn and Lady Maeve are going to Estrella War, and will be willing to take arts and sciences items from the Shire to the War---Start working on your projects now!

The categories are:

Baking-- Breads	Costume Accessories
Baking -- Sweets	Calligraphy
Alcoholic Brewing	Illumination
Heraldic Banners (any medium)	Music--Instrumental and vocal
Needlework--Blackwork	Dramatic Reading/Oral Interpretation
Needlework-- Assisi Cross-stich	Dance--Court/Country/Ethnic
Jewelry/Decorative Metalwork	Weaponry

All items must be PRE-REGISTERED BY JANUARY 31. Maeve has registration forms.

Caerthan Twelfth Night

This years Caerthan Twelfth Night will be held on January 6th, 1990 at the Jefferson County Fairgrounds. The theme for this years 12th Night is Moorish Spain. A sumptuous feast is planned by Mistress Morrigan di Winter. The menu that follows is the minimum menu, more dishes may be added.

AT TABLE: Cacik (Turkey) cold cucumber soup
Panadons amb espinacs (Spain) breaded spinach

FIRST COURSE: Talas kebabi (Turkey) beef and mushroom pie
Machli ki tikka (Arab States) fish filets w/ dill stuffing
Felijao verde oll carrapato guisado (Spain) green beans and onions
Grejxera de maccarrones (Spain) eggs and macaroni

SECOND COURSE: Qodban (Morrocco) marinated lamb
Arroz de salmao (Spain) rice w/ salmon
Coucou sabzi (Iran) herb, vegetable, and egg pancake
Alcachofas con salsa verde (Spain) artichokes w/ green sauce

DESSERT: Assorted almond cakes
Flavored ices

The cost of the feast is \$10.00 through December 1st, \$13.00 from December 2nd through January 5th, and if available \$15.00 at the door. The feast fee includes your site fee. For those not participating in the feast, site fee will be \$3.00 per person, for those under the age of 12, feast or site fees are 1/2 of the above price. Anyone interested in serving can receive the feast at 1/2 off if interested, please contact Christopher of Noughton. Please send your reservations to Master Giovanni di Sienna at the address listed below. Checks must include the following information: mundane name, SCA name, and street address (no PO boxes). Please make your checks payable to SCA-CAERTHE.

To raise money for the Caerthan Land Fund, a gaming area will be run during the evening. Anyone interested in helping to sponsor or run a game contact Christopher of Noughton.

We will be holding both a heavy and a light weapons tournament on Saturday, we will be using an adjoining building so we won't have to worry about the weather. The heavy weapons tournament will begin at 10:00 AM, followed by the rapier tournament which will be followed by a game of Celtic soccer/ ore-ball/ wilky-ball (heavy weapons). Bring your swords and rapiers and be ready for action.

For those who have small children, an area will be set aside for young ones. Certain activities are planned, however we ask that any adult who has children in the area, donate one hour of time per child watching or helping to run the childrens area.

QUARTER COURT

Following the fighting at Caerthan Twelfth Night, and prior to the evenings festivities a Kingdom Marshall's Quarter Court will be held. The purpose of this court is to discuss the current status of Marshall combat in the Kingdom of the Outlands. Suggestions for topics should be sent to the Kingdom Earl Marshall (Sir Stefan), and to Duke Christopher of Noughton for consideration.

The autocrats for the event are as follows:

FEAST

Mistress Corrigan di Winter
 Billy Roberts
 3135 Arnett St #302
 Boulder Co 80304
 (303) 443-8853

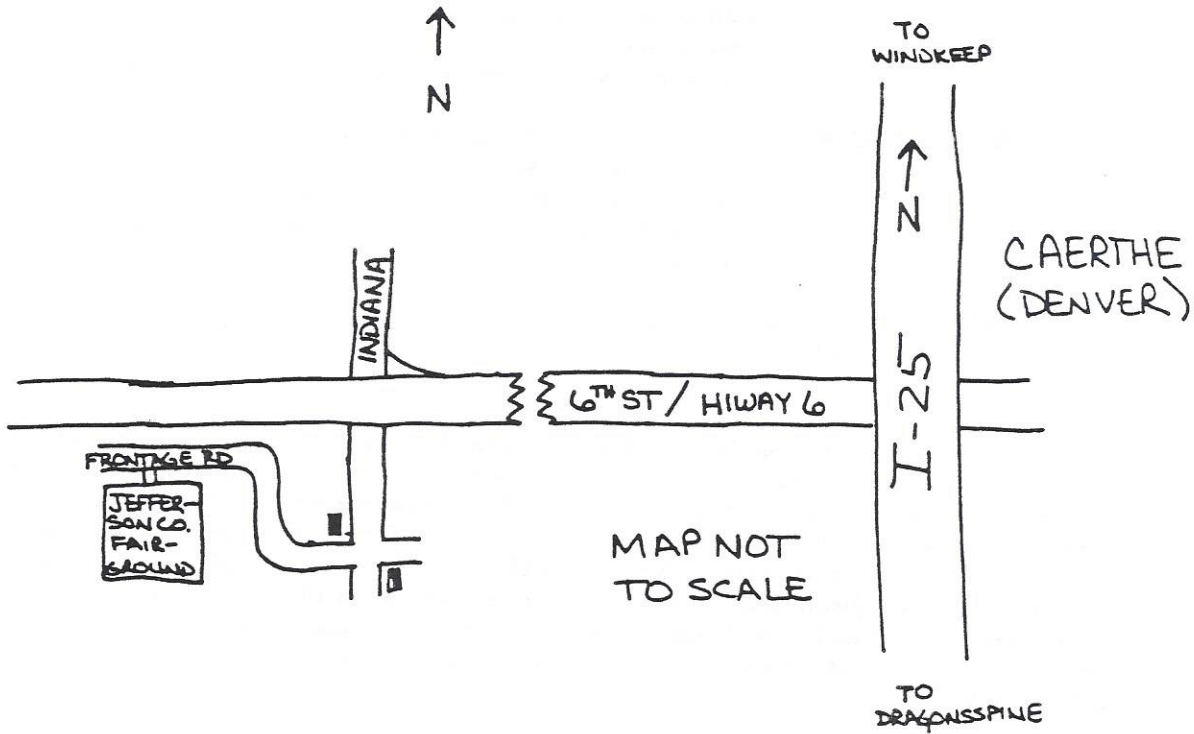
FIGHTING

Countess Cymber of the Darkwater
 K.C. Chase
 12102 N. Huron #17-203
 Northglenn Co 80234
 (303) 450-7060

OVERALL AUTOCRATS

Master Giovanni di Sienna
 A.J. Riviezzo
 201 Pontiac
 Denver Co 80220
 (303) 329-3877

Duke Christopher of Houghton
 Chris Rolfs
 12102 N. Huron #17-203
 Northglenn Co 80234
 (303) 450-7060



CAERTHAN 12TH NIGHT FEAST RESERVATION

SOCIETY NAME: _____
 MUNDANE NAME: _____
 ADDRESS: _____

***OF RESERVATIONS REQUIRED:**

_____ ADULTS @ \$_____ EACH- \$_____
_____ CHILDREN @ \$_____ EACH- \$_____
TOTAL-\$_____

NAMES OF THOSE RESERVATIONS ARE FOR:

THE WELL-DRESSED WINTER TRAVELLER

Warm garments for these Current Middle Ages

Just because you have a tunic, pants, belt, and boots, don't think you'll be covered at all outdoor events---especially not in the North, where the winter winds are bitter! When frost powders the grassy list-field, these items are handy to own (and wear!).

Cloaks, etc.

Cloaks come in all shapes and sizes, and have varying degrees of warmth. The simplest cloaks are rectangles or circular sections of one layer of fabric. A cloak with a lining is always warmer than one without---the extra layer of air between the layers acts like insulation. Two square pieces of fabric measuring 15" x 15", sewn along two adjacent sides and attached to the neckhole of the cloak makes a hood. If you make a cloak that is fitted at the shoulders, it will hang better on its own and keep you warmer. One clasp at the neck of the cloak will keep it from falling off, but a row of sturdy buttons will keep it closed (and you warm) without tying up your hands. If you'd rather your hands were free, but don't want to freeze too much, cut slits in your cloak and border them with trim (this is period).

Capes, which are basically cloaks that are not open in the front, are also an authentic way to keep warm. The fanciest, called pelicans, were full-circle capes with a train and large, fur-lined hood. Slits for the arms were also cut in capes.

Shawls, rectangular and triangular, were commonly used by Viking women. The warmest ones were naturally made of wool.

Caped hoods and short capes (reaching no further than the elbows) are extremely handy items because they add an extra layer of warmth around the neck and upper torso, especially when worn with a cloak. Caped hoods appear very commonly in medieval illustrations throughout a wide time period.

The earliest form of overcoat was (what else?) a large, loose, unbelted tunic made of thick warm material which may even be lined. Often they were open up the front (fastened together by a row of buttons), and were open under the arm so that you could choose whether to slip your arms into the sleeves or not (this type of garment was known as a gardcorps). The sleeves often fell over the hands, and slits could be cut into the sleeves near the elbows as well for free hand movement.

If you have no cloak, but lots of tunics, then wear them all---layering clothes is both warm and authentic!

Other warm and handy items

Gloves were a very period fashion accessory, and were often highly decorated with embroidery and/or gems---get a pair of plain leather gloves and decorate them up. A cuff can be sewn on for added arm warmth.

If you don't have a hood, a hat goes a long way in keeping ears warm. Medieval illustrations show that a simple white coif covering the ears was common wear for both men and women. To make a pattern for a simple hat, measure the circumference of your head, draw a rectangle measuring half the circumference x 2" (4"-6" if you wish to turn up the brim), then extend one side up to form a point (as long as you want). This pattern is for half of the hat. If you plan to line it with fur, add a little extra to your head measurement for a comfortable fit. Believe it or not, but leg-warmers (tubes of material slipped around the calf) are period (at least since Dark Ages Ireland)---binding your legs in several rabbit furs is one way to keep everything below the cloak-hem freezing. Nonetheless, a good pair of warm, hopefully waterproof boots are an indispensable item if you wish to stay comfortable while watching a tourney in a blizzard. Everything your mother told you about if the feet are warm, the body's warm, is true.

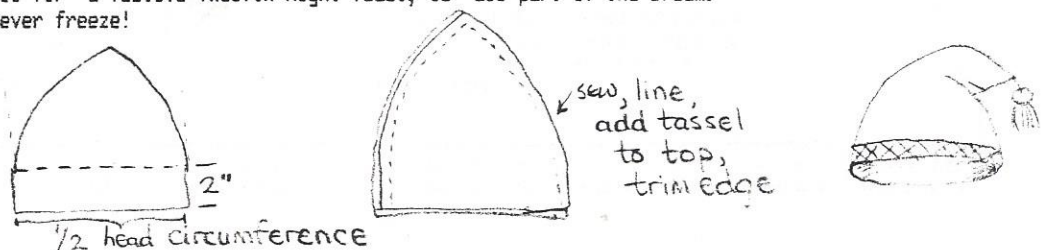
Obviously, for warm clothes, choose warm materials. Wools and wool-substitutes (Worsterlon, acrylics, wool-blends) are ideal, but can get expensive---watch for sales (I once found wool coating for 1.77 a yard---nearly 75% off the original price) and buy during the off-season. Don't use anything too stiff. Many synthetics (polyesters, etc) hold in heat; you can use that obviously-artificial-looking fabric as a lining and no one will notice its inauthentic appearance. Fake fur is really neat looking, comfortable, and warm, but rather expensive. If you choose to use fake fur, make sure you use proper colors (medieval huntsmen did not go traipsing through the woods seeking pastel-pink bunnies for their fur).

Basically, be practical in your planning---let's say you have suitably warm boots, medium-weight pants, and a tunic that reaches mid-thigh. If you don't make your cloak at least mid-calf, your knees are going to freeze. Live in a windy clime? Make a cape or a cloak with buttons down it's entire length to keep the wind out.

Northern European climate was substantially colder and wetter than most of ours, and to them, it was part of their daily lives for part of the year. Being outdoors in a toasty warm cloak, feeling the snowflakes blowing on your face as you travel to the hall for a festive Twelfth Night feast, is all part of the Dream.

May your toes never freeze!

hat pattern:



WINDSWEPT

c/o Betty Creegan
 4301 Hayes Avenue
 Cheyenne, WY 82001



TIME VALUE: DON'T DELAY

