



Windswept ©

The Pirates Here
Arrived

JUNE 1991

Morelle
Apt 11

~~~~~ Shire Officers ~~~~~

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- Knight Marshall - Lord Thorman Arvidson / Russell Sheats  
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What's happening in your Shire? Where's the local excitement to be found? Find out in The Windswept! Price for the remainder of 1991 ( 6 issues) is \$6<sup>00</sup>

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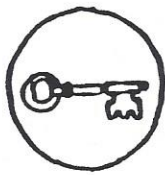
Mail subscriptions and submissions to: The Windswept c/o Cristina Sheats  
2940 Plum Drive / Cheyenne WY 82001  
(Make checks payable to: SCA - Shire of Windkeep)



Cover by Lord Mavillic Hayes - The pirates have arrived, and we bid them WELCOME!



## From the Seneschal



Last month the summer event season started with a bang. First A-Fence was a success, and I know many of you had great fun at the other events that occurred in May. This month there are two particular events that I strongly encourage you to attend. First is the Fifth Year Celebration in Dragonspine. There will be something for everyone there, no matter what your interests are. The second is the Banner Demo. The Banner Demo is in conjunction with Cheyenne's Super Days, and we were specifically asked by the Parks and Recreation Department to put on the Demo. We need to all plan to support this Demo, as we would other Shire events.

The weather is getting better and fighter practice is in full swing (pun intended). Lets all make a point on coming out Tuesday afternoons at five o'clock to watch the fighters ply their trade, or even to take part if the urge strikes you (again, pun intended). Also Archery Practice is available any day of the week. Contact me any time you want get together and practice. I have extra bows and arrows for those who wish to try but do not have the equipment.

Lastly, Lady Elaine asks that you let her know any time you have been working on arts and sciences projects (armoring, sewing, cooking, and the like). She would like to be able to recognize people in her reports for the work they are doing.

That's all for this month. Be safe in your travels and do credit to Windkeep wherever you go.

In service to Windkeep

Lord Rhys Afalwin, Seneschal

## from Arts & Sciences

Greetings to one and all,

This month was very good to the shire in the way of Arts and Sciences. We had another successful demo and a first at Anderson school. In fact, we have already been invited back next year. To date we have three invitations from schools for next year. (Pioneer Park, Alta Vista and Anderson)

We have a new guild that was started this month, my thanks to Lord Mavellic and Lady Kayliegh for they're willingness to create this guild. Lord Mavellic will be the guildmaster and meetings will be at his manor. Please call him for information concerning the ARMORERS GUILD.

Would you like to be a Guild Leader??? The FIGHTING, FLETCHING AND SEWING guild needs such a person. A Guild Leader basically keeps tabs on what goes on then calls in a report on they're guild once a month. They may also run the guild, plan outings, functions etc. If you are interested please give me a call.

Your Servant,

*Lady Elaine the lady of Vallynwood*

# Our End of the Kingdom - A glance at nearby events

For more information consult the Outlandish Herald

**Warlord Tourney - June 29 - Colorado Springs** Best two out of three, triple Elim Tournament with several prizes. Bring a side dish to share and feast on steak cooked the way you like it (cause you get to cook it - bring you own sauce) Reservations \$5.00 before June 16/ \$7.00 after. Autocrat: Sir Haroun ibn al-Dhi'b al-Abyadh - (719) 444-0194

**Unser Hafen Defender Tournament - July 13-14 - Fort Collins** Heavy and light weapon tournaments, melees, archery, quests, as well as dancing and bardic competitions. Reservations \$4.00 site/\$5.00 feast until June 15 - \$6 site/\$10 feast after. Autocrat: Master Dirik Reverson (303) 223-6318 (before 11 PM)

**Caerthen Warlord/ premier Blade and St. Sebastien's Archery Tourney - July 19-21 - Boulder** Heavy and light weapons tourneys, 3 man melee team tourney, IKAC and Royal Round archery, and other entertainments. Reservations \$2 site fee per day/ \$6.00 feast until July 1 - \$8.00 feast after. Limited seating. Autocrat: THL Aleyn Douglas (303) 477-9147



## OUTLANDS VTH YEAR CELEBRATION

June 15-16, 1991

The Barony of Dragonaspine invites one and all to the celebration of our Vth year as a kingdom.

Where: Golden Eagle Ranch, south of Colorado Springs (see map)

When: June 15-16, 1991. Site opens Friday, June 14 at 5:00 pm

Cost: Adults - \$15 Fri/Sat/Sun  
\$10.00 Sat/Sun  
Young Folks under 16 - \$1.00/day  
Day Fee - \$5.00

All fees will be collected at the gate when you arrive.

### SERVICE PROGRAM

At Vth Year we are going to need a good deal of help so we have decided to use a program recommended to us to recruit that help. If you will give two hours of service in whatever area you choose, your name will go into a hat for drawings for some neat prizes. Two hours = One chance. Four hours = Two chances, etc. If you would like to help, please contact:

Lady Ilana Amante  
c/o Kathy Bristol  
80 Jasper Dr.  
Colorado Springs, CO 80911  
(719) 390-0868

Areas where help is needed: assisting in roasting the pig, pavilion preparation, trolling, children's activities, marshalling, assisting mol, running and many other areas.

### TENTATIVE SCHEDULE OF EVENTS

Friday - early birds arrive and set up camp

Saturday - 9:00 Opening Court

10:00 Archery

11:00 V Year Champion Tourney

1:00 Fencing

2:00 Lance Tourney

4:00 A myriad of activities (to be

determined by participants)

6:00 All Kingdom Podluck- Court and

Arts Auction

All day at various times - Children's

Activities

Sunday - TBD - Peer Circles (if desired)

9:00 Closing Court

10:00 V Years Battle

Times after opening court are subject to change, but this gives an idea of the day's activities.

### OTHER NOTES

Donations for the Kingdom Arts Auction may be sent to:

Mistress Jeanne D'Aussay  
c/o Joan Lambert  
1040 Maristone Pl  
Colorado Springs, CO 80904  
(719) 473-0856

There will be a royal round shoot on Saturday - with provisions made for those who also wish to enter the Champion Tourney. Sunday there will be a clout and dragon shoot for those who are interested.

There will be a Heraldic Consulting Table and Heraldic Seminar on Precedence and Title in the pavilion. Time to be announced.

There will be space set aside in the pavilion for those wishing to display their art. Please bring all the wonderful things you've been working on to share with your friends.

A note on fees - There is no feast fee, except a dollar or two from the gate admission to cover the high cost of a whole pig. The proceeds from this event will go to the Kingdom.

Any other questions should be directed to the autocrats:

Lady Lydia of the Pines  
c/o Linda Cole  
Box 4365  
Woodland Park, CO 80866  
(719) 687-1449

Lady Minna Miranda of  
Avebury  
c/o Sharon Anderson  
238 Elmwood Dr  
Colorado Springs, CO 80907  
(719) 528-5056

### CAMPGROUND RULES, REGULATIONS, AND INFORMATION

We have a nice campground that welcomes everything from tents to RV's.

We have water, restrooms and showers.

Sites are small - if you take up 2 sites we'll have to charge for two.

No one under 18 will be admitted without parent or legal guardian. Children MUST be attended at all times - There is a VERY DEEP LAKE. NO SWIMMING IS ALLOWED. Pets are allowed - on leashes and must be attended at all times.

Site is wet - period containers only.

Campfires are allowed in areas with firepits only. Some sites have NO fires, so if you want a campfire be sure to choose a site with a fire pit.

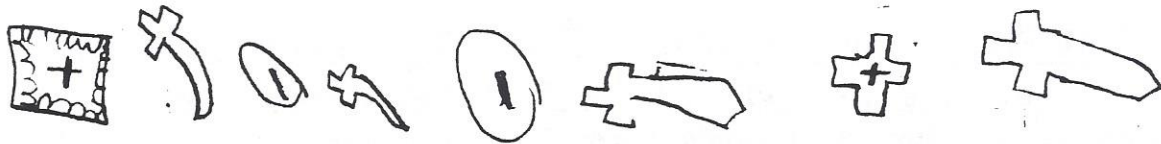
NO firewood gathering is allowed - you'll need to bring your own or purchase at the office.

Waste water should not be dumped on the ground - there are stations for this all through the grounds.

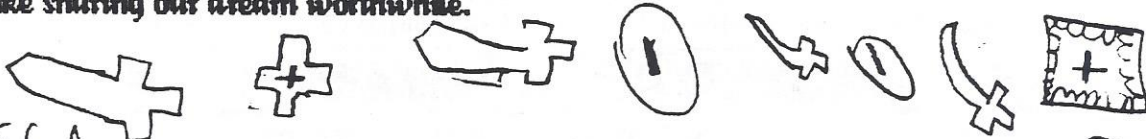
NO washing of dishes or clothes in restroom. Strictly enforced.

Trash should be bagged and placed in trash pickup areas.





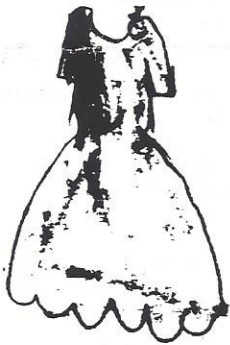
It has been the pleasure of the Shire to share our knowledge with many of the schools within Windkeep's (Cheyenne's) domain and on May 3rd we did this service for the 3rd graders of Altavista Elementary. As they often have the students thanked us with many a gracious letter and work of art, (just a few displayed below) but at this time the populace of Windkeep would like to offer thanks in return unto our most generous students who, upon their own initiative, held a grand bake sale. From the moneys earned through this endeavor the good students of Altavista presented the Shire with a donation of \$50.00!!! The Shire is honored to accept this gift, and sends its most heartfelt gratitude back to the children who, with their enthusiasm and delight, make sharing our dream worthwhile.



Dear S.C.A.,

Thank you for coming! I learned abt about medicine  
armor, weapons and songs.

Sincerely,  
Brad



Dear S. C. A.  
Thank you for coming!

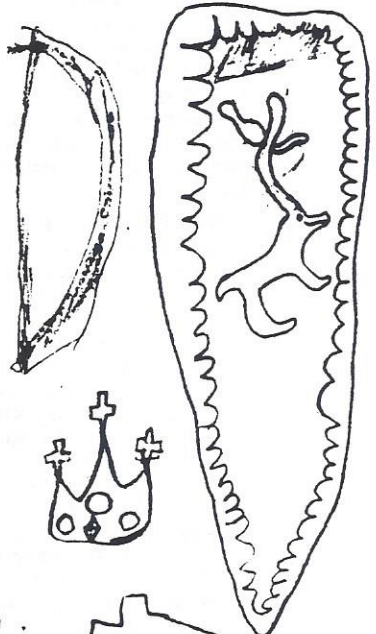
I learned that life was not as  
easy as I thought it would be.  
The coats of arms were so neat  
I also learned abt about armor  
medicine, vikings, weapons, and  
fighting.

Sincerely,  
Jessica  
Denshar

Dear S.C.A.,

Thank you for coming!  
I learned what all the kinds of  
weapons looked like and what the armor  
looked like and how heavy the helmets were.  
I also heard how the close looked, what  
they used for medicine how they fought.  
Everything was really interesting. Thanks  
again!

Sincerely,  
Rebecca Parazola





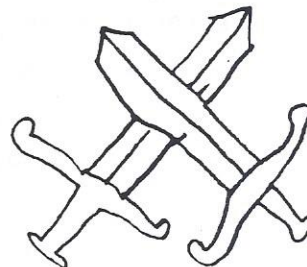
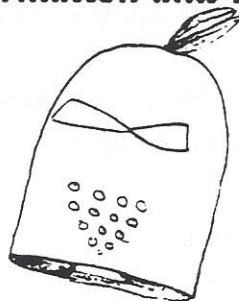
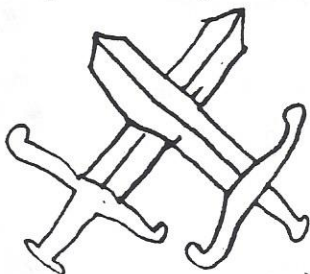
## Banner Demo!!! June 22nd



Miss the deadline for Llama Lust? Can't stay the whole weekend?

Looking for some cheap fun and excitement?

Windkeep has just the event for you. By the request of the City of Cheyenne Windkeep is holding a demo during Cheyenne Superdays. We are looking for individuals who would like to come and spend the day promoting the SCA. If enough fighters/fencers are present a tourney will be arranged. Bring your arts and your wares. Promote the SCA and have fun in the process. Revelling will follow! Contact Lady Aldith for more information and reservations: (307) 632-1133.



## Come all to the Annual Valynwoode Romp - July 7th

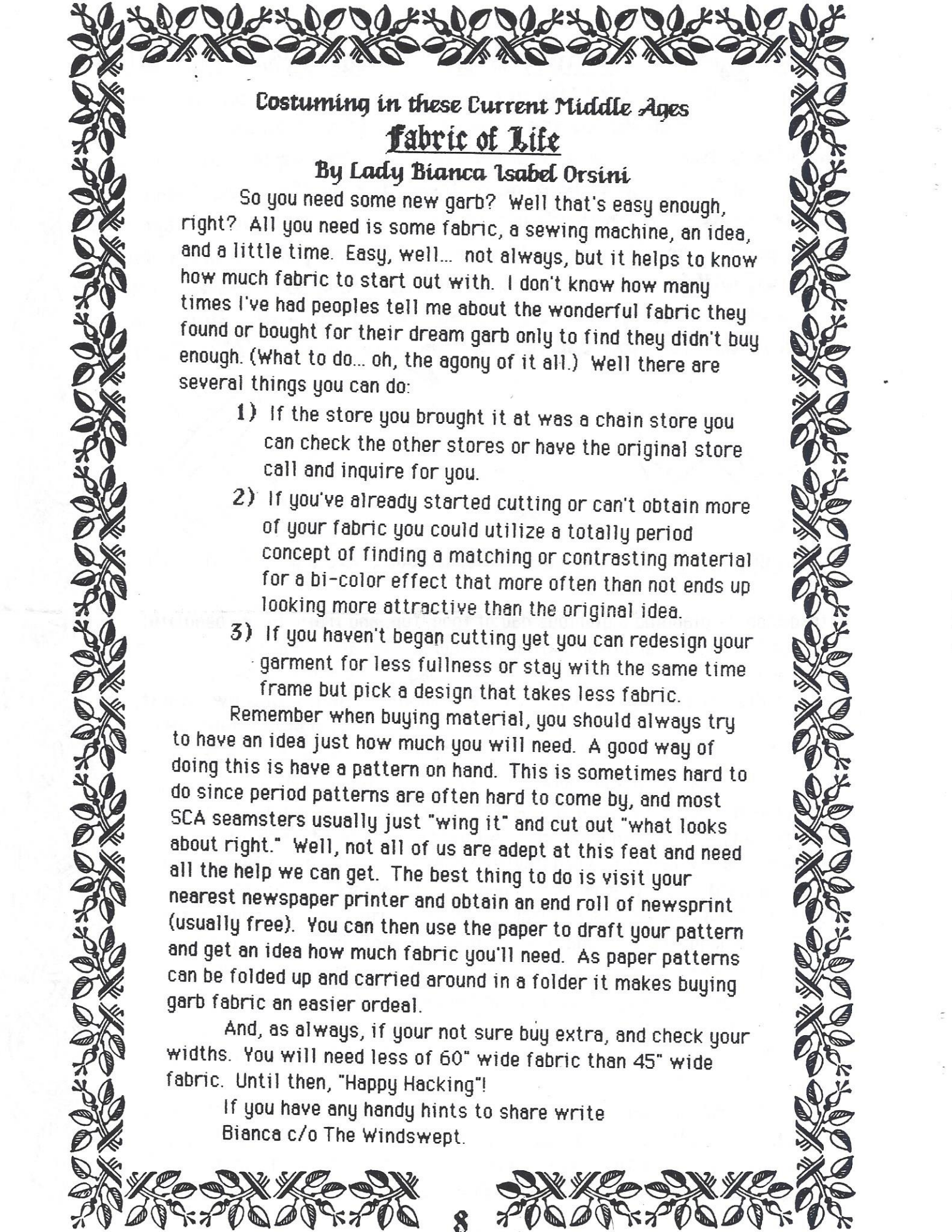
The Household of Valynwoode of Shire Windkeep, in it's annual tradition, is planning a glorious day of food, fun, and frolic in the beautiful wooded valley of Vedauwoo. All are welcome, new and old alike, to come in garb and celebrate the Dream with us this day. The event will be **Potluck (side dishes and desserts)**. You are requested to **bring you own meat**, but fire and grills will be provided for the cooking. Also **bring your own drinks** (the event is discreetly wet so alcohol in moderation is acceptable).

In annual tradition there will be rock climbing, creek wading (if the water is not too high this year), woods exploring, and (of course) water fights (supply your own weapons). **An extra change of garb is suggested**. In addition, Lord Mavilic Hayes will be holding a **New Comers Tournament**. This tournament is open to all fighters who have been fighting for a year or less and fighter want-to-trys. Experienced fighters will be on hand to teach, share, and aid any entrants or interested parties.

To find this grand event take I-80 west from Cheyenne for 35 or so miles (chronicler's guess) and exit on the Vedauwoo Exit. Follow the main road then turn left into the Main Picnic Grounds. From then on take all available rights and look for garb and banners. The site will be officially open at 10:00 am.

If your an old-comer please bring your knowledge and projects with which to share the Dream; if your a newcomer (or merely interested) please come and experience the Current Middle Ages. For further information contact Lady Elaine of Valynwoode (634-2037).





## Costuming in these Current Middle Ages Fabric of Life

By Lady Bianca Isabel Orsini

So you need some new garb? Well that's easy enough, right? All you need is some fabric, a sewing machine, an idea, and a little time. Easy, well... not always, but it helps to know how much fabric to start out with. I don't know how many times I've had peoples tell me about the wonderful fabric they found or bought for their dream garb only to find they didn't buy enough. (What to do... oh, the agony of it all.) Well there are several things you can do:

- 1) If the store you brought it at was a chain store you can check the other stores or have the original store call and inquire for you.
- 2) If you've already started cutting or can't obtain more of your fabric you could utilize a totally period concept of finding a matching or contrasting material for a bi-color effect that more often than not ends up looking more attractive than the original idea.
- 3) If you haven't began cutting yet you can redesign your garment for less fullness or stay with the same time frame but pick a design that takes less fabric.

Remember when buying material, you should always try to have an idea just how much you will need. A good way of doing this is have a pattern on hand. This is sometimes hard to do since period patterns are often hard to come by, and most SCA seamsters usually just "wing it" and cut out "what looks about right." Well, not all of us are adept at this feat and need all the help we can get. The best thing to do is visit your nearest newspaper printer and obtain an end roll of newsprint (usually free). You can then use the paper to draft your pattern and get an idea how much fabric you'll need. As paper patterns can be folded up and carried around in a folder it makes buying garb fabric an easier ordeal.

And, as always, if your not sure buy extra, and check your widths. You will need less of 60" wide fabric than 45" wide fabric. Until then, "Happy Hacking"!

If you have any handy hints to share write  
Bianca c/o The Windswept.



## Recipes from Ekiya Kamiya-san

### Teriyaki Sauce

(can be used to flavor any type of beef, fish, or chicken)

**Ingredients:** 2 to 2 1/2 lbs of meat,  
1/2 cup soy sauce, 2 tbsp minced onions,  
1 clove garlic-minced, 1 tbsp sugar,  
1 tbsp fresh ginger root-minced,  
1/4 cup sake or other dry white wine or beer

In a small bowl or blender make marinade sauce by combining soy sauce, onion, garlic, ginger, and wine. Mix until evenly blended. Cut meat into small pieces and place in large bowl. Pour marinade over meat and let it set overnight in the refrigerator (24 hours works best for me).

When ready, drain meat thoroughly and cook in a wok or steamer. Once cooked, it can be spread over rice or noodles to complete the meal.

This is also a very tasty marinade if you're planning to make meat jerky; cut the meat up into thin strips and then let the meat soak in the sauce, in the refrigerator, for at least 48 hours before drying the meat.

### Five Spice Powder

**Ingredients:** 1 tsp cinnamon,  
1/4 tsp crushed fennel seed,  
1/4 tsp fresh ground pepper,  
1/8 tsp ground cloves,  
1 tsp crushed anise seed or 1 star anise-ground

Mix all ingredients in a small bowl, then keep sealed in a tightly covered container. Can also be commercially purchased.

### Five Spice Tea

**Ingredients:** 1 tbsp black tea leaves, 1/4 tsp Five Spice Powder,  
4 cups of water, sugar (if desired)

Place tea and spice powder in a tea ball. Bring water to just boiling. Warm teapot by rinsing with hot water. Place tea ball in teapot and pour boiling water into pot. Cover. Let steep 5 minutes. Remove tea ball and sweeten to taste. The best black teas to use are Chinese restaurant and Biglow's Chinese fortune tea.

### Ginger-Honey Tea

**Ingredients:** 4 tsp green tea leaves,  
4 cups water,  
1 tsp grated ginger root, 2 tbsp honey

Place tea leaves and grated ginger root in tea ball. Follow directions listed above for Five Spice Tea, but after removing tea ball add honey and mix well.

### Peanut Sauce (makes 1/2 cup)

(dipping sauce for cooked foods or chips)

**Ingredients:**  
1/4 cup peanut butter (creamy or chunky),  
2 tsp soy sauce, 5 tbsp water,  
1/2 tsp sugar, 1/8 tsp garlic salt

In a bowl combine peanut butter, soy sauce, 1 tbsp of water, sugar and garlic salt. Gradually add remaining 4 tbsp of water stirring until evenly blended.

### Chinese Bread

**Ingredients:** 1 tablespoon sugar,  
1/2 teaspoon dry yeast,  
2 tablespoon warm water,  
1/2 cup of milk, 1 tablespoon salted butter,  
1 1/4 cup of bread or gluten flour,  
1/2 cup cake flour, 1/4 teaspoon salt,  
1/4 teaspoon peanut oil,  
1/2 teaspoon baking powder  
and additional flour for kneading

Combine sugar, yeast, and water; stir slightly. Allow to stand until foamy (about 15 min). If no bubbles form then yeast is too old; start again with fresh yeast.

Combine milk and butter in sauce pan, heat and stir until butter melts.

Combine flours and salt in a mixing bowl. Add yeast mixture. Slowly pour in warm milk and stir in one direction until blended. Knead on floured surface, adding flour as needed, until smooth and elastic. - 5 to 10 minutes. Rub peanut oil on surface and place in large bowl. Cover with towel and let rise for 3 hours. Punch down with fist and turn onto floured work surface. Roll into 9" x 12" square. Sprinkle with baking powder and fold dough over. Knead until smooth - about 3 min.

It is now ready to be shaped and placed in steamer or on baking sheet. (I prefer to steam cook this bread)

# WINDSWEPT

c/o Cristina Sheats  
2940 Plum Drive  
Cheyenne, WY 82001



## TIME IS VALUABLE: DON'T DELAY

### "Argent Stag"

Great stag of argent glory  
Leaping o'er verdant lands,  
Embattled walls about you  
For my Kingdom you do stand.

I look to you in times of war  
For in your golden tines  
I see the Kingdom's chivalry  
and victory entwined.

I look to you in time of peace  
For in your argent heart  
I see the rapture and the beauty  
of all the gentler arts.



For five years you have leapt  
In times of peace and war  
Carrying in you heart and tines  
All the Outlands might stand for.

Newest Kingdom that we are  
We have but begun  
Upon the trail of glory  
You can leads us on.

By  
Lady Kostbera Kveldulfsdottir,  
of the Shire of Windkeep,  
in honor of  
The Outlands' Fifth Anniversary