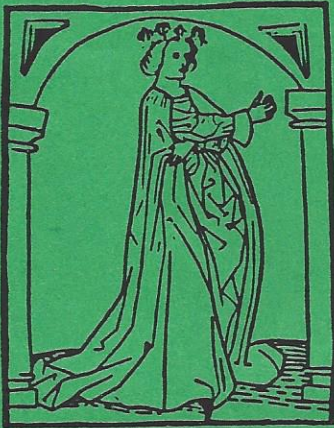


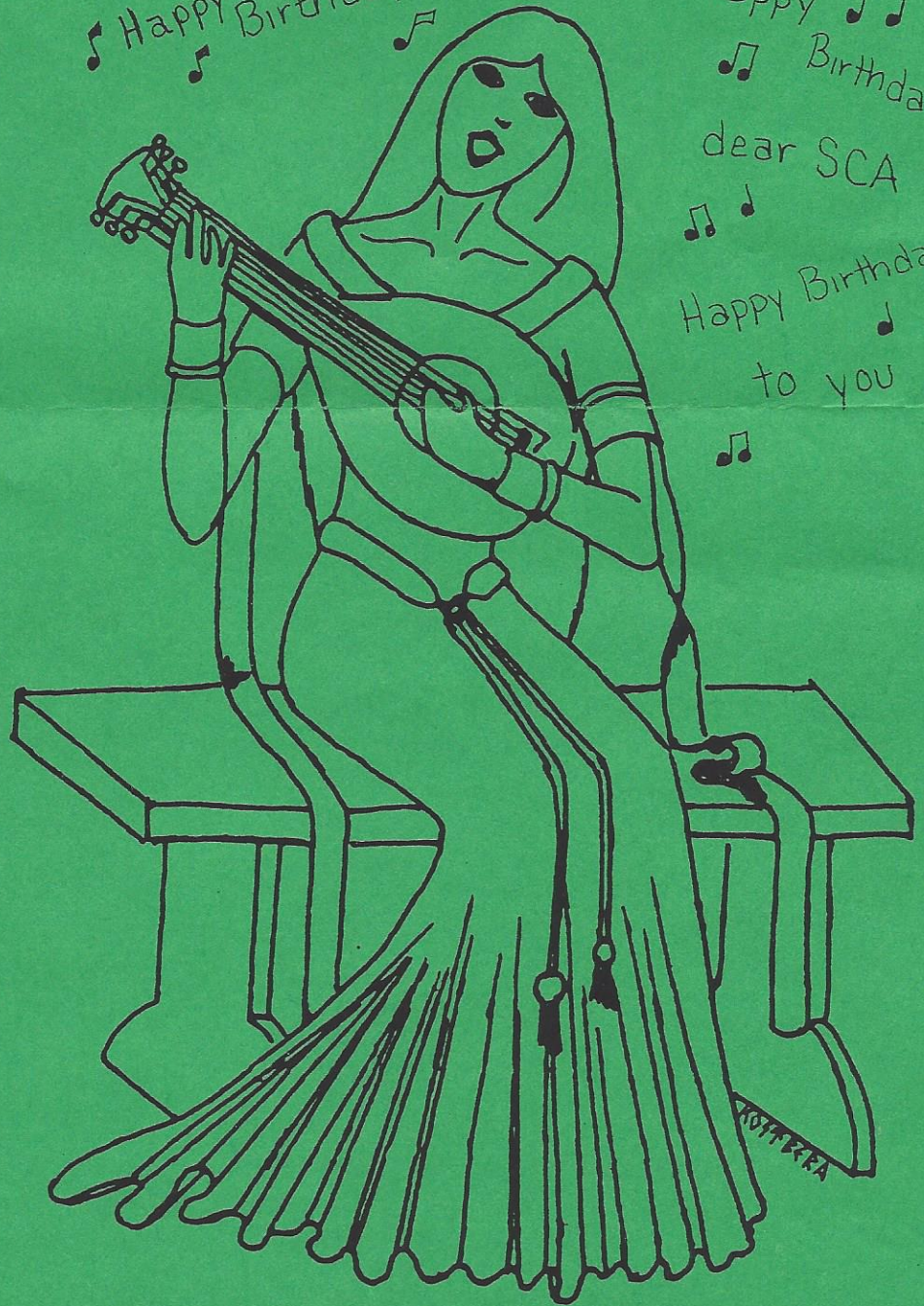


# Windswept

MARCH A.S. XXV (1991)



Happy Birthday to you  
Happy Birthday  
dear SCA  
Happy Birthday  
to you



## Shire Officers

Acting Seneschal - Lord Thorman Arvidson / Russell Sheats

2940 Plum Drive / Cheyenne, WY 82001 / 634-0224

Knight Marshall - Lord Christophe Falcone La Blanco / Chris Williams

1320 Diamond Ave / Cheyenne, WY 82001 / 635-0427/638-9452

Herald - Iden Kerwin / Anden Lauber

115 Clover Ct / Cheyenne, WY 82001 / 632-9122

Treasurer - Lady Aldith o Baddon Poeth / Debbie Hammons

3400 S Greeley Hwy #133 / Cheyenne, WY 82007 / 632-1133

Minister of A & S - Lady Elaine the Lonely of Valynwoode / Bonnie Anthony

1073 W 5th Street / Cheyenne, WY 82007 / 634-2037

Minister of the List - Lady Kostbera Kveldulfsdottir / Cristina Sheats

2940 Plum Drive / Cheyenne WY 82001 / 634-0224

Chirurgion - Lord Rhys Afalwin / Larry Hammons

3400 S Greeley Hwy #133 / Cheyenne, WY 82001 / 632-1133

Chronicler - Lady Kostbera Kveldulfsdottir / Cristina Sheats

2940 Plum Drive / Cheyenne, WY 82001 / 634-0224

Hospitaller - Lady Bianca Isabel Orsini / Sharon Williams

1320 Diamond Ave / Cheyenne, WY 82001 / 635-0427/638-9452

This is The Windswept, published by and for the members of the Shire of Windkeep, in the Kingdom of the Outlands, of the Society for Creative Anachronism, Inc. It is only a supplement to the Outlandish Herald and is not intended as a substitute. It is not an official publication of the SCA, Inc., and makes no attempt to delineate SCA policy. Articles of an informational nature published in the Windswept may be reprinted -- in their entirety and with due credit -- without permission unless otherwise noted; rights to art, poetry, stories and other such creative works remain those of the Windswept & the original artist and can not be reprinted without written permission. Subscription rates are \$8.00 per year for 12 issues (pro-rated quarterly) beginning in January. Submissions are due by the 1st of the month.

What's happening in your Shire? Where's the local excitement to be found?

Find out in The Windswept! Price for the remainder of 1991 (9 issues) is \$8.00

SCA Name: \_\_\_\_\_

Mundane Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Mail subscriptions and submissions to: The Windswept c/o Cristina Sheats

2940 Plum Drive / Cheyenne WY 82001

(Make checks payable to: SCA - Shire of Windkeep)

# Calender for March 1991

- 2-3 Unser Hafen - Kingdom Arts and Sciences (Rhianwen 303-484-1087)  
9 Glen Ora - Informal Revel (Donald MacKay 307-547-3557)  
9 Caer Galen - Dorinda Benifit Revel (Elizabeth 303-442-3421)  
16 Windkeep - Wish We Were at Crown (Coengar 638-0348)  
16-17 al-Barran - Crown Tournament  
22-31 Burnet, TX - Twenty Fifth Year Celebration  
24 Windkeep - Populace Meeting (Thorman 624-0224)

## April

- 13 Unser Hafen - Sand Skirmish (Ja'far 303-484-8538)  
13 Caerthe - Shakespeare's Birthday Demo (Jalut 303-220-0093)  
20 Tigres de las Montanas (Dragonspine) - Feast of Fools (Ruari 719-520-0725)

## May AS XXVI

- 4-5 Caer Mithin Halle - Coronation (Brenna 505-887-2567)  
11-12 Windkeep - First A-fence (Rianca - 635-0427)  
18-19 Unser Hafen - Inn of the Mad Woman's Taster Tourney (Aileen 303-224-3389)  
24-27? Al-Barran - Grand Outlandish

## June

- 1 Caer Galen - Caer Galen Conglomerate (Rowanne 303-442-0950)  
8 Unser Hafen - Eastern Dance Collegium (Mazuna 303-224-5165)  
15-16 Dragonspine - Outland's Fifth Year Celebration (Lydia 719-687-1449)  
22-23 Caerthe - Lamma Lust (Odan 303 622-4343)

# Regular Happenings

Read Carefully for they may not be marked on the main calender

Fighting, Fletching, and Sewing Guild: Thursdays at Lord Christophe's from 6:30 to whenever.

All are welcome. Come to practice, sew garb, build armor, or just socialize, but please limit projects to those SCA related. For info call Lord Christophe or Lord Rhys.

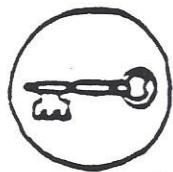
Populace Meetings: The last Sunday of each month at Lord Rhys' house unless otherwise noted. Meetings are in garb, and start at 7:00pm. Occasionally the meetings will be potluck and start at an earlier time. Such meetings will be noted on the calender.

Unser Hafen Dance Practice: 2nd and 4th Mondays at 7:00pm. Practices are usually held at the Lory Student Center at CSU, room 202. Call Lady Catriona (303-226-2018) or Lady Tehri Hadeel (303-482-6608) for more information.

Unser Hafen Fighter Practice: Sundays from \*\*\***(NEW TIME)** 4:30 to 8:15 in the CSU Fieldhouse on College Ave. For more information call Lord Galen of Shadowraven at 303-229-9507. Loaner armor is available..

Windkeep Archery Practice: Every Saturday from noon till whenever (weather permitting; call Rhys (632-1133) if in doubt) in the easement beyond Afflerbach Elementary School. To find this location take South Greeley Hwy to Wallick Rd (between Big Country Estates and the VFW) and turn right. Park in the school parking lot. The archery butts are up the hill to the north. The range is available for use at any time during the week. Bows are available for loan from Lord Rhys.

**FRODO THE**  
ACTING  
**SENESCHAL** Greetings to all of the Populace of Windkeep,



The latest demo had many of us in the local area joining forces with our friends to the north and south, Shire of Ard Tir and Barony of Unser Hafen. Our heart felt thanks goes out to them and those in the local area for the outstanding support of the East High Demos. Your continued help in the education of our young helps them better understand the medieval age and what the SCA does. So when more of the demos come up, participate, its FUN!

I and several others in our fair shire had the opportunity to attend Unser Hafen's hosting of the Kingdom Arts and Sciences Collegium. The classes were very enjoyable and informative. The feast was done in a Persian theme celebrating the Persian New Year. If you didn't go you missed a very tasty and well done feast. Her majesty, Queen Monika attended the event and presented several awards out. One of which was presented to our own friendly Friar Coengar. He received his AoA and now bears the title of Lord. Congratulations Lord Coengar!

Don't forget our next event is on the 16th of March which is "Wish We Were at Crown". Lord Coengar is in charge of the event and is always looking for help, please contact him if you would like to do so.

The Windswept helps us know what goes on around our kingdom but it should also teach us of a little bit of history of different cultures. Please help us add to that history by putting in articles, it can be any kind of articles from a medieval dish too an article of some historical importance. Help us; contribute.

Finally and most importantly our Seneschal and family are out west due to a death in the family. Please send your prayers out to them.

**Yours in Service to Windkeep and the Outlands**  
**Lord Thorman Arvidsson, Assistant Seneschal**



A love poem written by Kostbera for the Dragonspine Baronial Winter  
Festival Contest AS XXIV



Sweet Frey, I pray, do hear my plea,  
my love has left again  
to fight against the stormy sea,  
to seek the forgein lands.

He's promised me the riches fine,  
silk to bind my hair,  
coins with which to bedeck my neck,  
oils that smell so fair.

But I have all the gold I need  
when sun touches wind blown hair  
And I've no need of sparkling gems  
with his sapphire eyes so rare.

Sweet Frey, I pray, do hear my plea,  
My love has left again  
And if he should not return  
my life it will soon end.



# We Wish We Were At Crown III

As you well know, there will soon be a gathering of good gentles to witness the choosing of a new King, but for some the lack of finances, time, or other obstacles will prevent their going to this grand event. It is for these people that the Shire of Windkeep is holding We Wish We Were At Crown!

Yes, that's right, We Wish We Were At Crown III. Windkeep promises to deliver not only the usual bit of silly stuff, but also some brand new silliness. Planned events include the Rigor Mortis Tourney (where it does not matter if you win or lose, but how well you die), the Grand Quest filled with terrible foes, challenging puzzles, bad jokes, and even worse puns (you have been warned). The Quest teams will need fighters, fencers, magicians, damsels and a few others so come one, come all.

There will be a potluck feast in the evening. Windkeep will provide the main course, so please bring a side dish that will serve 6-8 to share with everyone else (and reduce your site fee!).

At the feast site there will be even more fun including the Mock Crown Jousting Tourney and the Carrot Game (as played at Wish We Were Crown II).

The Tournament, Quest, and other outdoor events will be held at the Sunken Gardens in Lions Park. The Feast and indoor events will be held at Isaac Walton Hall. The Outdoor fun will start at 11:30 am, the indoor fun around 5 pm. The site fee is \$2.00, or \$1.00 with a side dish for the feast. For further information and reservations contact:

### Autocrat

(and the idiot who thought of this mess)  
Lord Friar Coengar the Sinister  
aka Joe Hesketh  
(307) 638-0348 or...

### Feastocrat

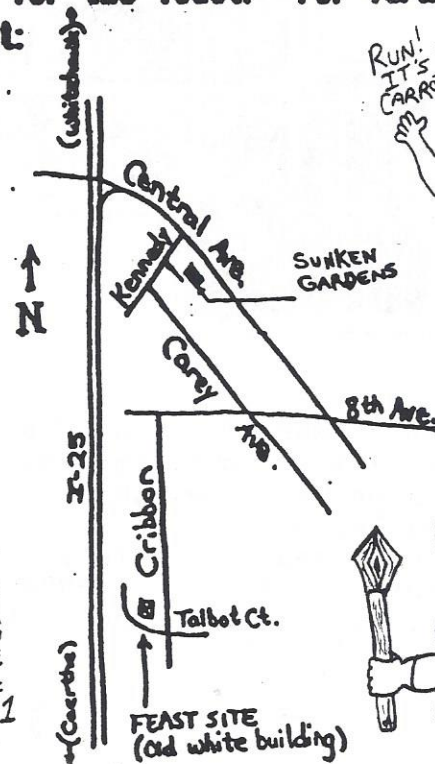
(nice person who organizes the food)  
Lady Aldith o Badden Poeth  
aka Debbie Hommons  
(307) 632-1133

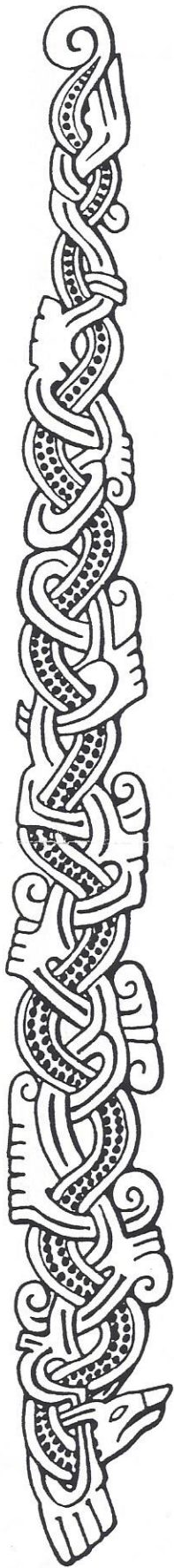


RUN!  
IT'S THE  
CARROT GAME!!



COMMUNITY #1





\* A full page done by our own  
Mistress Maev! \*



In  
Celebration  
of the Society's  
Twenty-Fifth Anniversary

The  
Known World  
Calendar  
May 1991 - April 1992

Twelve exquisite full-color prints. Original artwork  
from each of the twelve Kingdoms.  
High quality paper - suitable for framing.  
A fine memento of the Society's  
Argent Anniversary.

\$12.50 Fourth Class Mail    \$15.00 First Class Mail

Society for Creative Anachronism, Inc.  
Office of the Stock Clerk  
P. O. Box 360743  
Milpitas, CA 95036-0743

**THE NORTHERN OUTLANDS MISCELLANY NEWSLETTER.** This is a new newsletter published quarterly for the arts and sciences in the Northern Outlands. Subscriptions are \$6.00 per year and available from Lord Guillaum de Gonzac and Lady Arwen Southernwood (Keith & Sheila McClune, 1403 Vine Street, #1, Denver, Colorado, 80206 (303) 333-8149). Make checks payable to "SCA, Inc. - Northern Outlands Newsletter."

## A few Period Herbs

*A list compiled by Lady Elaine the Lonely of Valynwoode*

Angelica	Ginger
Anise	Grapes
Apple	Lavender (English)
Basil	Marjoram
Bay Leaf (Laurel)	Marigold
Borage (used medicinally)	Mint
Brambles (Black Berry)	Mustard
Cabbage	Mace (6th century AD)
Caraway (10th century AD)	Myrrh (BC)
Cardamon	Nutmeg (6th century AD)
Carrots (considered an herb before they were considered a vegetable)	Onion
Catnip	Olive Oil
Cayenne Pepper	Oregano (aka Joy of the Mountains)
Celery Seed (9th century BC)	Parsley
Chamomile	Pepper (white and black)
Chervil	Plantain (used medicinally)
Cinnamon	Poppy Seed
Cloves	Rose Hips
Coriander	Rosemary (aka Rose Maria)
Cumin	Saffron
Curry Powder	Sage
Dates	Savory (both winter and summer)
Dill	Sesame Seeds
Fennel	Tarragon (13th century AD)
Fenugreek (used medicinally)	Thyme
Garlic	Turmeric
	Yarrow



Crown Tourney is upon us, and while perusing through a back issue of the Windswept (June of 1986 to be exact) I found this little tidbit which had been discovered in The Crier (Kingdom newsletter of An Tir) who had originally borrowed it from The Mews (Kingdom newsletter of Calontir).

## To Be Royal

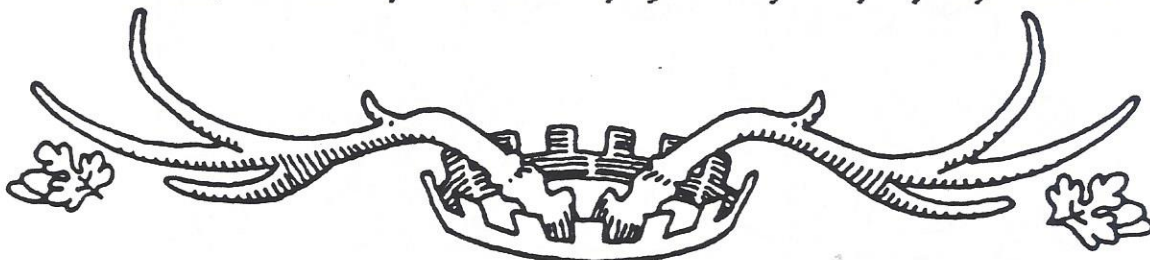
By Sir Lars Vilhjalmsson

### The King...

- A King must speak with authority, so His subjects may hear Him at Court and His troops may hear Him in battle.
- A King must be courteous, particularly to His Queen, because someone who can not be courteous to others will not be treated courteously by others
- A King must be wise in the ways of people, so He doesn't say something stupid to people with knives or big households.
- A King must travel, but not so much that people grow tired with courts and weary of bowing.
- A King should be aware of what He does not know, for it is easier to ask questions than it is to beg forgiveness.
- A King must be able to read (or have a trusted friend who can) so as to detect the treacheries and lunacies of His people.
- A King must have a farspeaker, so He and His subjects can converse with each other like unwearying adolescents.
- A King must have a good job, so He can afford huge phone bills and so He has somewhere to get away from the S.C.A.
- A King must be brave, so as to resist the temptation to run from outnumbering enemies, subjects with petitions, and His own paperwork.
- A King must be credible, because it is very embarrassing for a King to have to throw temper tantrums to get things done.
- A King should be of fair and noble form, so that the ladies of the Kingdom may gaze at Him approvingly and not waste such looks on smooth cheeked boys who do not know the difference between a pavane and petit armet.
- A King should know the difference between a pavane and a petit armet.
- A King must be patient, for many things only time can cure.
- A King must be humble, for there are more dangers in the world, and more skills, than those seen in Crown Tourneys.
- A Queen? A Queen must be, above all, a good sport.

What do we want in our Kings? What does the system give us? I believe that we want variety, with a common quality of dangerousness, and that is what we get. Rather than a simple choice between adequate and inadequate administrators, we get flamboyance and austerity, heroic genius and valiant hopelessness, simple brutes and poets, know-it-alls and never-knew-its. Mostly, we get plenty to talk about, which is what we want most. And we have defenses for most administrative disasters.

Besides, who among us could be a perfect King? Hope springs eternal.





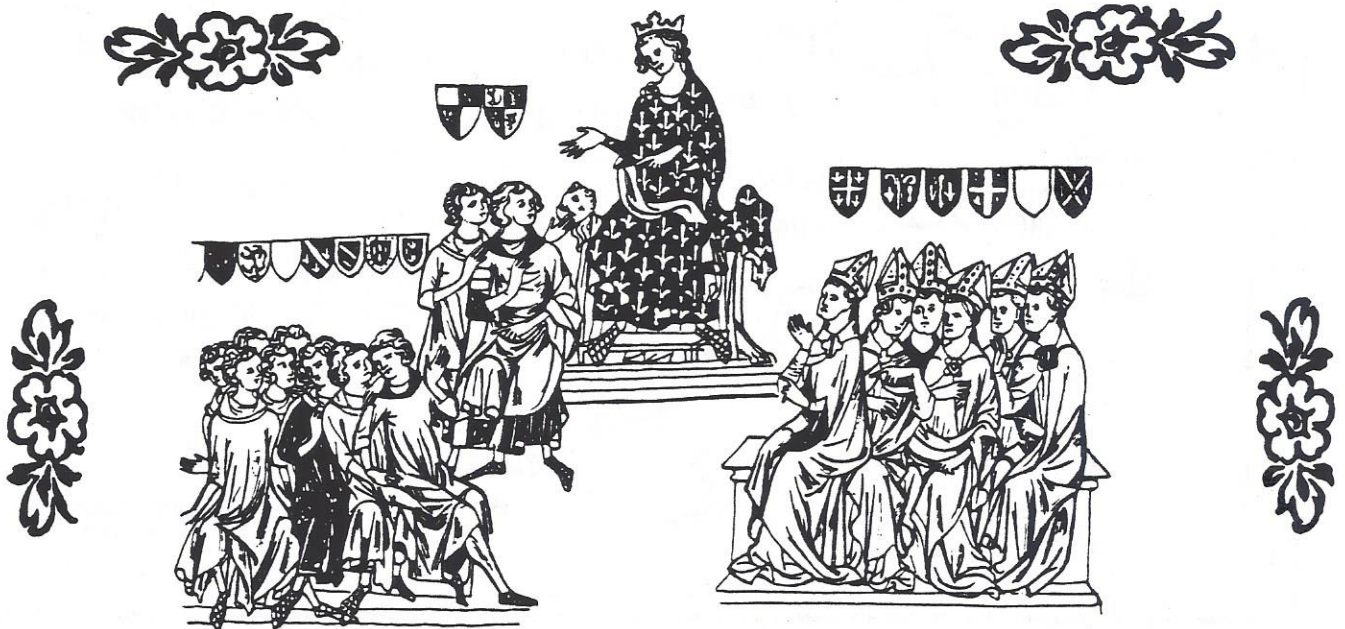
## To Be Royal - Part II

By Sir Lars Vilhjalmsson

### The Queen...

- A Queen must be a good sport, because if She can't put up with the King how can anyone else be expected to?
- A Queen must speak gently, so as to save Her voice for important negotiations with bureaucrats to keep the government running smoothly.
- A Queen must be courteous, because a Queen is the highest role model we have in chivalry.
- A Queen must be an excellent negotiator, to mediate between the people with knives and big households that the King may have said something stupid to.
- A Queen must travel, so as to avail Herself to the needs of the people.
- A Queen must be able to read, so as to make the wishes of the people clear to the King.
- A Queen must have a good job, so as to bail the King out when He has over-committed Himself.
- A Queen must be brave so as to face unrelenting observation, criticism, and the temperament of the King.
- A Queen must be credible, so that when the temper tantrums of the King pass, something gets done.
- A Queen should be of regal bearing and have a good wardrobe so as to give everyone something to look at during Court.
- A Queen must know the difference between a pavane and a petit armet, should the King's mind be so occupied with matters of state that He cannot recall the steps.
- A Queen must be patient, for many things only time can heal.
- A Queen must be humble, because this is the greatest example of all that She can set. A King? A King must be, above all, able to win Crown Tourney.

What do we want from our Queen? What does our system give us? I believe we want regalness with a common quality of good sense because, let's face it, somebody's got to mind the store while somebody else is out being heroic. Mostly we get plenty to talk about, which is what we really want most. Besides, who among us could have picked a stickjack that would turn out to be a perfect King? Hope does indeed spring eternal.



**WINDSWEPT**  
 c/o Cristina Sheats  
 2940 Plum Drive  
 Cheyenne, WY 82001



**TIME-VALUE-DON'T-DELAY**

