

# Windswept

May and June

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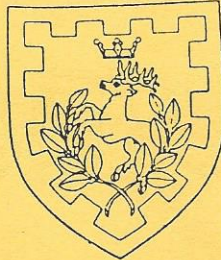
1995



Apple-hobbling in England in the fourteenth century.



SHIRE



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This is the WINDSWEPT, a publication of the Shire of Windkeep, of the Kingdom of the Outlands, of the Society for Creative Anachronism Inc. (SCA). WINDSWEPT is available from Pat Hansen, 10205 Powderhouse Road, Cheyenne, Wyoming 82009-9689. It is not a corporate publication of the Society for Creative Anachronism, Inc., and does not delineate SCA policy.

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Submissions and event announcements are due by June 17th.

#### CREDITS

Cover: "Court, Church, and Castle" by Margaret Wade Labarge  
Music Review: by M'lady Guilietta di Firenze  
Apple Triva: by Lady Renate Koven  
Border Design: Various Clip Art Pattern Books and Chronicler's Files

MAY 1995

Tue. 2 Calligraphy at Isabeau's  
 Wed. 3 Bowyers Class at Yanthlos's  
 Thur.4 Fighter's Practice at Holliday Park  
 Tue. 9 Archery at Rhys's  
 Tue. 9 Research at the Library  
 Thur.11 Fighter's Practice at Holliday Park  
 Sat. 13 and CORONATION at Drygestan  
 Sun. 14 (Santa Fe, NM) 1 (505)-474-0899  
 Tue. 16 Archery at Rhys's  
 Wed. 17 Bowyer's Class at Yanthlos's  
 Thur.18 Fighter's Practice at Holliday Park  
 Sat. 20 LIBRARY DEMO 1:00 PM-4:00 PM  
 Tue. 23 Taster's Revel at Lion's Park  
 Thur.25 Demo at Library 7:00 PM  
 Thur.25 NO POPULACE MEETING THIS MONTH  
 Sat. 27 and Brigands Bizarre VII (Hawks Hollow)  
 Sun. 28 and Pawnee Grasslands  
 Mon. 29 Briggsdale, CO

JUNE 1995

Thur. 1 Fighter's Practice at Holliday Park  
 Fri. 2 and Dragonsspine's Warlord  
 Sat. 3 and Red Rocks National Campground  
 Sun. 4 1 (719)-444-0194  
 Sat. 3 Weltshin and Sara's Mundane Wedding  
 Tue. 6 Calligraphy at Isabeau's  
 Tue. 6 Archery at Rhys's  
 Wed. 7 Bowyer's Class at Yanthlos's  
 Thur. 8 Fighter's Practice at Holliday Park  
 Tue. 13 Research at the Library  
 Tue. 13 Archery at Rhys's  
 Thur.15 Fighter's Practice at Holliday Park  
 Fri. 16 and Search for the Golden Arrow (Plattefordham)  
 Sat. 17 and Somewhere Casper Mountain  
 Sun. 18 1 (307)-266-4924  
 Tue. 20 Archery at Rhys's  
 Wed. 21 Bowyer's Class at Yanthlos's  
 Thur.22 Fighter's Practice at Holliday Park  
 Thur.22 POPULACE MEETING at the Library  
 Fri. 23 and HERALDIC SYMPOSIUM Caerthe  
 Sat. 24 and I-70 East Holiday Inn, Denver 1 (303)-371-9494  
 Sun. 25 1 (303)-750-9219  
 Sat. 24 BANNER TOURNAMENT at Lion's Park  
 Tue. 27 Taster's Revel at Lion's Park  
 Thur.29 Fighter's Practice at Holliday Park

Unto the populous of Windkeep both Isabeau send greeting  
I want to congratulate Master Rhys. For those of you who were  
unable to attend Crown Tourney, Rhys was given his Pelican at  
this event. A well deserved reward for a dedicated and talented  
gentleman. Master Rhys we are proud to have you as a member of  
our Shire.

Spring has finally arrived and with it comes Fighter Practice and  
Archery. Fighter Practice is happening Thursday evenings from  
4:30 until sundown at Holiday Park (Snow and rain permitting).  
Call Kayleigh for more information or if weather is questionable.  
Archery is gearing up and will begin on Tuesday evenings from  
about 4:30 at Master Rhys' home (except on high wind days). Call  
Yanthlos if you have any questions.

***PRAY ATTEND THESE SPECIAL ANNOUNCEMENTS:*** We have  
been asked by the Library to give a demo on May 20th from 1 to 4  
p.m. in conjunction with a reception in honor of a special traveling  
display on the Literary aspects of the King Arthur Legends. This  
special display will be in Cheyenne from mid-May thru mid-June.  
Our primary purpose at this special event is to add atmosphere so  
please wear your fanciest cloths and mingle with people. We hope  
to have some fighting demonstrations outside. This event, as I  
understand it, will be advertised in the media so it is a good chance  
for us to gain recognition and maybe new members. Please, please  
come join us and help support our Library. After the demo you  
are all invited to our house, in garb or whatever, and we will have  
a pot luck barbecue. Your seneschal will supply the meat (Burgers  
and Hot Dogs).

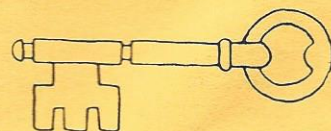
We also have been asked to give a Arts and Sciences demo on May  
25th (date may change). For this demo we ask you to bring your  
arts and display them and also bring a project to work on to show  
people how things were done. Again, please come and dress fancy.  
Parks and Recreation has ask us to take part in Superdays on June  
24th. We will run our Banner Tourney on this day also. Call  
Master Rhys if you would like further information. Feather in the  
Wind is scheduled for July 28th - 30th at Pawnee National  
Grasslands. Call Isabeau or Yanthlos for further information.  
August 5th is our Defender Tourney. Call Bjarki for information.  
We are also invited to participate in Oktoberfest on September

23rd. Call Isabeau for further information. Please try to make  
room in your busy summer schedules for these important Shire  
events.

Hope your spring is warm and wonderful!  
In service to the Shire,

Isabeau

Lady Isabeau d'Andrea





Fighter Practice for the Summer is Thursday at Holliday Park 19th and Morrie, 4:30 until dark. Contact Lady Kayleigh at 778-8536 for information and availability of a ride to neighboring fighter practices.

Archery is Tuesday's at 10700 Ranch Road. Contact Master Rhys at number 632-1135.

Armouring is by contact. Contact Lord Mavrikii at 778-8536

Calligraphers is the first Tuesday evening of each month at Lady Isabeau'. Phone 634-3500.

Bowyers Class is the first and third Wednesday evenings at m'lord Yanthlos Phone 634-3500.

Brewing is done on a one on one base. Contact Lord Mlodn if interested at 635-1320

Research at the Laramie County Library will be the second Tuesday of each month at 7:00 P.M. Call Sir Mark at 634-7151.

Tasters Revel and Dancing is the fourth Tuesday at the Lions Park Community Center from 7:00 to 10:00. \$4.00 Feast and Site, or \$1.00 fee for Site only. Feast is by RESERVATION ONLY. For more information contact Lady Aldith, 632-1133

If you wish to prepare the feast for the monthly Tasters Revel please contact Lady Aldith for times available and other information at 632-1133.

The POPULACE MEETING is held the fourth Thursday of the month in the Laramie County Library at 7:00 PM. NOTE NO POPULACE MEETING IN MAY

Ard Tir (Laramie, WY) has a Taster's Feast on Thursday the 15th of June at 7:00 PM at Trinity Lutheran Church, 107 South 7th Street, Laramie, WY. June feast is a "Middle East Theme". RESERVATIONS REQUIRED or for information Lady Eilonwy at 1 (307)-742-3943 or M'lady Clarice at 1 (307)-742-6512.

Laramie County Public Library has a King Arthur display and reception at 1:00 to 4:00 PM on 20 May with a SCA Demo. Wear you "garb" and bring the time alive answering questions about the middle ages and the SCA.

Feathers in the Wind, scheduled for Pawnee National Grasslands on 28th of July, information will be in the next Windswept.

# Archery Marshall's Report

## Greetings

Practice will be held at Master Rhys' Tuesdays from 5:00 til dark, weather permitting. There are a few changes in the IKAC and ranking. All please come and shoot the butts or the breeze.

## Yanthlos

# T·H·E· B·E·S·T· O·F

# APPLES

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## PERSIAN STUFFED APPLES

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8-10 large, tart apples  
Butter  
Ground cinnamon (optional)

### *Stuffing*

⅓ cup yellow split peas  
1 large onion, finely chopped  
2 tablespoons butter or oil  
1 lb lean ground beef  
½ teaspoon ground cinnamon  
Salt and freshly ground black pepper

### *Basting sauce*

4-6 tablespoons cider vinegar  
2-3 tablespoons sugar

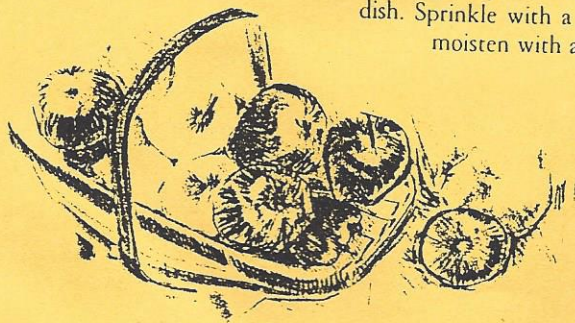
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Start by preparing the stuffing. Boil the split peas in unsalted water until they are very soft, about 30 minutes. Meanwhile sauté the onion in butter or oil until soft and lightly colored. With a slotted spoon, transfer onion to a plate and in the same fat sauté beef until it changes color. Return onion to the pan and mix well.

When split peas are soft and almost mushy, drain them thoroughly and mix them with the beef and onion. Sprinkle in the cinnamon and season to taste with salt and freshly ground black pepper. Leave to cool.

Meanwhile, prepare the apples. Wipe them clean with a damp cloth and core them from the stem end to within about ½ inch of the bottom. Core out some of the pulp as well, leaving thick shells firm and unbroken. Chop up the pulp.

Lightly butter a baking dish that will take all the apples in a single layer. Scatter the apple pulp evenly over the dish. Sprinkle with a pinch of cinnamon, if liked, and moisten with a few tablespoons of water.



SEARCH FOR THE GOLDEN ARROW

(THE AWAKENING)

June 16, 17, 18 in Plattefordham

Some have heard of the place, some claimed to have even spoken the a person who lived there, but few have actually been there. Were you may ask? The sleepy village of Plattefordham. We considered ourselves a sleepy shire mostly due to a lack of activity such as events. However my friend we have awakened, it is time to not just receive invitations, but to give them. All good people here is the event you've been waiting for! We the people of Plattefordham would like to invite you to an event for all to enjoy June 16, 17, 18. The sight is totally wheelchair accessible and placed on Casper Mountain. This event includes archery, fighting, arts & science competition and of course a quest. There will be an English style feast in the main lodge. All you talents who sing of play music don't worry there's time for you as well with a Grand Bardic Circle following the feast. There are non private cabins available upon request but would appreciate mention of this with a pre-registration. We can sleep approx 100 people in doors although there is campsite available as well. This is a discreetly wet sight and merchants are welcome.

Site fee is \$6.00, kids 6-12 \$4.00, non members add \$3.00. Feast fee in \$7.00, kids 6-12 \$4.00, under 6 are free. As we try to make this a family event, families with 4 of more people will receive a family rate of \$30.00. Please send reservations to Luke Band (Griff Richard) 2135 Lilac Casper Wy 82604. Or call (307)266-4924.

Ap.m. Friday - 4p.m. Sunday  
Novice -

# Banner Tourney

Good gentles of the Outlands, Harken. The Shire of Windkeep invites all to attend their annual Banner Tourney to be held this year on Saturday, June 24, 1995. Valiant fighters will contest on the field with an Outlands Banner as the prize for the most flamboyant and chivalrous fighter in the lists (there will probably be a prize for the winner too, but SHOWMANSHIP is what counts. There will be prizes for best death and best bereavement. A contest for the best banner will also be held. Please note that in order to enter the list, you must present a banner to the Mistress of the Lists along with the normal administrivia. The banner doesn't have to be your own. The banner can display personal arms, historical arms, or be just plain decorative, HERALDRY COUNTS.

Those wishing to entertain during the tourney, please contact the Autocrat.

This tournament is held in conjunction with Cheyenne SUPER DAYS 95, which is an entertainment, demonstration and craft fair held by the City of Cheyenne. We ask all gentles to wear their finest tourney garb and bring things to display at the Arts and Sciences demonstration pavillion.

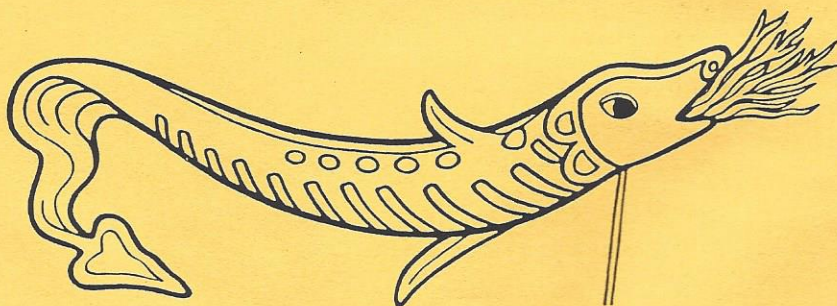
General Information: The Tourney site is DRY!!! Revel site is wet. Merchants are welcome with the following restriction. You MUST contact the Autocrat for space, and you can only sell to SCA people. If you sell to non-SCA people, the park will charge you \$300 for a license.

Parking will be available in the adjacent lots to Superdays. SCA people will be allowed into the park to unload, but you must move your vehicle immediately. If you arrive after 10:00AM, you will not be allowed into the park to unload. The earlier you come, the better the parking. Pets MUST be on a leash. Crash space is available.. THL Rhys is also offering his property to camp out on friday and saturday evenings. Please contact him directly if you are interested.

**Tourney Site:** The grassy area adjacent to the Cheyenne Botannical Gardens. Take the Central Avenue exit from I-25 and follow the signs to SUPERDAYS. The site will open at 9AM and close generally after 3PM. The tourney will begin at 11AM.

**Revel:** THL Rhys invites all to a bonfire revel after the days activities. Archers, bring your bows, there is a range on site. The site is very wet (not while arching). Directions to the site will be available at the tournament site.

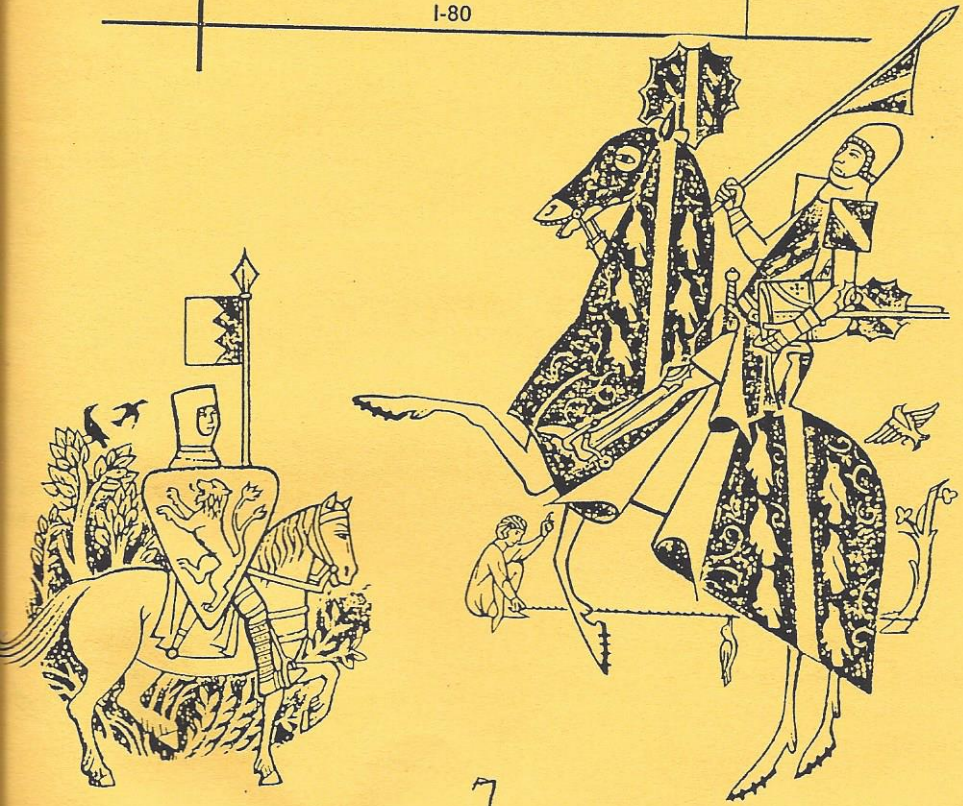
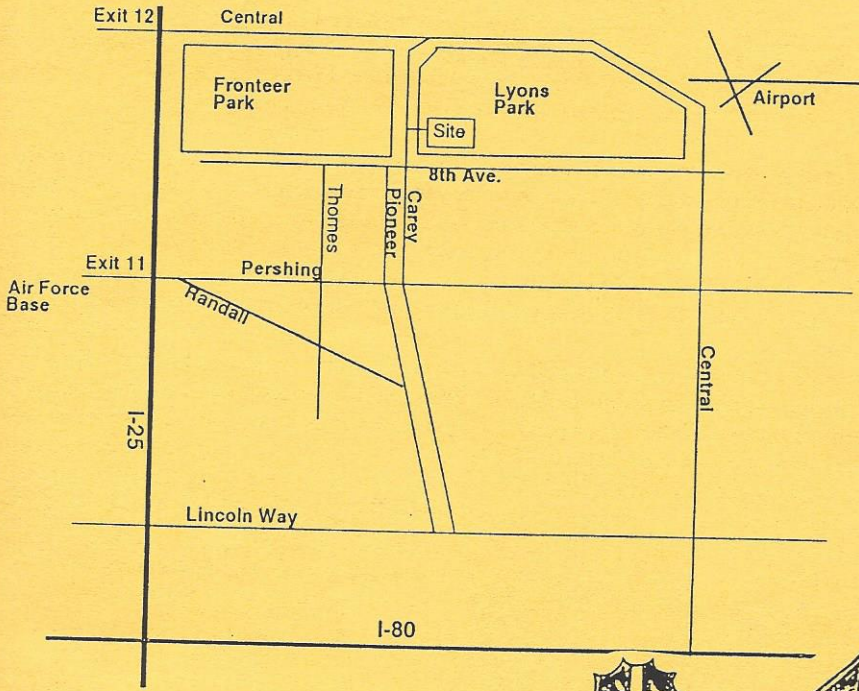
Autocrat - THL Rhys Afalwin  
mka Larry Hammons  
10700 Ranch Road  
Cheyenne Wy 82009  
1 (307) 632-1133



A Dragon Banner from the *Codex Aureus*, 9th century A.D.



# Banner Tourney Map





This information about apples is taken from several mispieces of information gathered from our meager library by Renate in honor of Rhys Aifawin who was inducted into the Order of the Pelican at Brown Tourney in April.

— In ancient Greece and in Rome the apple had a symbolical erotic connotation. Lovers exchanged apples as presents or threw them to each other.

— Mythologically, a certain Acontius was in love with Cydippe. As the love was reciprocated, he wrote 'I swear by Artemis that I will wed Acontius' on an apple. Cydippe read the words aloud and although she threw the apple away she finally accepted Acontius.

— Powdered white thorn apples, black pepper, honey, long pepper, compounded into an ointment, is recommended, in Hindu sexology, as an irresistible means of achieving sexual mastery.

— In medieval Germany it was a popular belief that an apple steeped in the perspiration of the loved woman would excite amorous advances.

— The ancient Greeks had a legend that a golden apple caused quarreling among the gods and brought about the destruction of Troy.

— It is believed that the Romans took cultivated apples with them into England when they conquered that country. Apple growing became common in England and other parts of Europe. Both the seeds of apples and the trees themselves were brought to the "New World" from England in the early 1600's.

— The apple is thought to have originated in the mountains of the Caucasus and its cultivation goes back to the Stone Age and even farther if the story of Adam and Eve is to be taken literally.

— The Ancient Egyptians cultivated apple trees and the Greeks and Romans knew them well. By the end of the fourth century there were thirty-seven varieties of apples on record. From then on, wherever civilization went apples went too. They went to the New World, to the Antipodes as well as throughout the Old World, to settle wherever the climate and growing conditions suited it.

A diet of grated apple, in moderation, will often clear up diarrhea in a couple of days. Use slightly unripe fruit, and peel them first.

Cider vinegar has been hailed as a cure for almost every ailment under the sun. Most people are justifiably sceptical about this claim, but it is an excellent blood cleanser and helps to eliminate a vast variety of toxins. Up to two teaspoons in a tumbler of water, two or three times a day, will help digestion and promote energy.



— Sour apples produce cold delicate nourishment and phlegmatic blood and are suited to those with ill-natured dispositions. Their exceptional quality is in the treatment of respiration and circulation, but they are harmful to the joints and nerves, which can be remedied with white wine. Some say that they cause loss of memory. In any case they taste better if cooked under the embers, sprinkled with sugar, and served with candied anise or followed by rose or cinnamon sugar.

— Sweet apples by nature are moderately moist. Ripe apples are to be preferred. They stimulate the heart but are harmful to the nerves. Apples that ripen in the autumn and are cooked under the embers and mixed with a syrup of licorice, starch, and sugar are administered for chest pains twice a day before meals. Apples are stored in straw, but must not touch each other or they will rot. (Tacuinum Sanitatis in Medicina)

— In the Middle Ages, cultivation of apples was taken over by the monasteries. The monks experimented with ways to make orchards more fruitful; their cultural methods became the foundation of apple orcharding.

## HOT APPLE CHARLOTTE

Butter and breadcrumbs for baking dish

12 slices bread

1½ cups milk

2 eggs

1½ tablespoons sugar

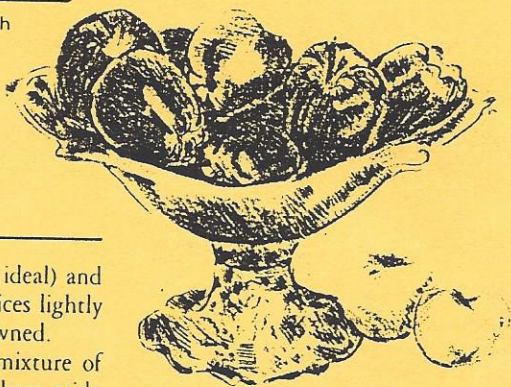
8 apples, peeled, cored and sliced

3 tablespoons chopped candied peel

3 tablespoons chopped raisins

¼ cup confectioners' sugar, sifted

1 teaspoon vanilla essence



Butter a deep baking dish (a soufflé dish is ideal) and coat it with breadcrumbs. Toast the bread slices lightly on both sides until golden but not browned.

Dip each slice of toast on both sides in a mixture of milk beaten with eggs and sugar, and put them aside on a plate. Mix the apples with the candied peel, raisins, confectioners' sugar and vanilla.

Arrange four layers of toast and three layers of apples in the baking dish (ie, starting and ending with a layer of toast). Pour in any remaining milk mixture.

Bake the charlotte in a moderately hot oven, 400°F, for 45 minutes, or until the top is crisp and golden.

Serve hot.

Serves 4-6



# Brigand Bizarre VII

27-29 May

The Saga of the brigands versus the merchants is back at Pawnee Grasslands. The Canton of Hawks Hollow will be sponsoring it this year.

The site fee is \$8.00 per person (1/2 price for 8-14) and includes three nights stay on Pawnee-Grasslands. Make checks out to S.C.A. Canton of Hawks Hollow. Feast is \$3.00 plus a side dish that feeds six.

The site is wet. There will be a drumming curfew of 10 PM. There will be three days of fighting with new senerios run by Lord Maelgwn. A plus this year will be three days of fencing and archery. There will be a arts and science competition; food stuffs(brewing), clothes and accessories.

Friday:

Site opens at 2:00 pm

Saturday:

- 10:00 Opening Court
- 11:00 A&S comp food and beverage starts  
Lists open & Armour inspections
- 12:00 Tourney starts  
Boffer tourney
- 3:00 A&S comp closes
- 4:00 End tourney
- 6:00 Feast

Sunday:

- 11:00 A&S Clothes and accessories  
Lists open
- 12:00 Tourneys start
- 1:00 Oragamy class starts
- 4:00 Tourney ends
- 5:00 Court

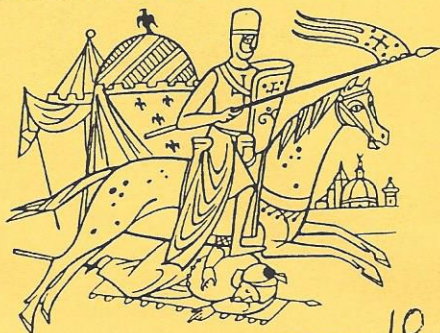
Monday:

- 9:30 Lists open
- 10:00 Tourneys start
- 12:00 Tourneys Close
- 1:00 Final court

Non-standard weapons must be approved on saturday if you want to play with them.  
AUTOCRAT: Lord Larke of Flechers Haven (Dan Wickersham)

3415 West Evans Ave Denver, CO 935-9469

Co AUTOCRAT: Lord Mikel 3519 West 49th 433-1572



## DRAGONSSPINE WARLORD

June 2-4, 1995

This year begins a new tradition in that all 4 court positions for the Barony of Dragonsspine will be chosen at one grand event.

The positions are Warlord (heavy weapons), Defender (fence), Ranger (target archery), and Captain (combat archery). The competitions for Warlord and Ranger will be held on Saturday and Defender and Captain tournaments will be held on Sunday. The highest placing Dragonsspinian in each competition will win the title, with the winner of each tournament receiving a prize.

The site is Red Rocks National Campground and is wooded, has running water (may not be reliable, so bring your own drinking water), and has several fire pits. Pets must be leashed at all times and fire extinguishers are required at each campsite. Standard Forest Service rules will be in effect.

The site opens at 6:00 pm on Friday, June 2nd. The Warlord tournament will begin at 10:00 am Saturday morning and will be fought round robin on several fields with a wide variety of weapon styles, so bring all of your toys and be prepared to share.

Target archery will held under the direction of the current Ranger, Lady Eudoxia d'Antioche.

Sunday morning will begin with the Baronial Defender tournament being held as per the whim of Lord Richard of Bainbridge.

Lady Ayslynn merch Guincatan will also use Sunday to determine who will be seen worthy to be known as the Captain of the Dragon's Flight.

For those Heavy weapons fighters not competing in the combat archery competition, Lord Tiegr has come up with A.R.R.G.H. If you're curious, come find out what he means.

Site fee for camping is \$8.00 per person, day trippers pay \$3.00 per person, and children 14 and younger are free. Non-members must pay an additional \$3.00 per person

**DIRECTIONS:** Take I-25 to exit 141 and proceed west on US 24 toward Woodland Park. Turn right (north) on Hiway 67 and go 3.9 miles. Turn right into Red Rocks campground.

Autocrat: Sir Haroun ibn al-Dhi'b al-Abyadh  
(James Hacking)  
(719) 444-0194



## CAERTHE'S SILVER ANNIVERSARY

June 30 - July 3, 1995

12 miles south of Bailey, Colorado

ONE AND ALL PRAY ATTEND THESE WORDS AND MARK THEM WELL! Be it known throughout the entire Outlands that an event unequaled and unprecedented is in the offing! Let the word go forth that on Friday, June 30 through Monday, July 3, 1995, the Grand and Glorious Barony of Caerthe, the oldest Barony in this Mighty and Fearsome Kingdom of the Outlands, will be hosting its 25th Year celebration. This will be a camping event at The Meadows Campground, an hour south and west of Denver.

Let every good gentle consider themselves formally invited to this riotous extravaganza of fighting, fun, history and revelry, the likes of which has rarely been seen. A weekend of medieval ecstasy that truly must be experienced to be believed.

So mark your calendars NOW and keep your eyes on upcoming newsletters for further details as they develop. This is truly a once in a lifetime occurrence you are not going to want to miss.

The following is a list of some of the planned activities. Call now to volunteer!

Site Fee \$10.00 (children under 12 free), 250th Person in the Gate - FREE

(Day Only - \$5.00 Non-Members add \$3.00)

### TENTATIVE SCHEDULE OF EVENTS:

Site Opens Friday, June 30 - 2:00 p.m. -- Friday evening - Informal Bardic

#### Saturday - July 1st Morning Court

During the day: 3 Rapier Tournaments! 3 Rattan Tournaments! 3 Archery Shoots!  
Classes: Various classes of topics for the inquiring medieval mind!  
A&S Displays: Includes items from past A&S champions, garb worn to 1st event, baronial regalia, a photo contest, Children's A&S, many items of History will be displayed, also a Time Capsule to be opened at 50th Year! Along with a Quest and Trivia Game!  
During the evening: A Fabulous Feast & Fashion Show (wear the garb you wore to your first event!) followed by a Skit and a Caerthen/SCA History Theme Bardic

#### Sunday - July 2nd Morning Court

During the day: Rattan and Rapier Melees! Another Archery Shoot!  
Warlord, Premier Blade & Archery Warden contenders compete!  
Also classes, A&S displays, competitions, pictures & more!  
During the evening: Court - Warlord/Premier Blade/Archery Warden/ etc. chosen followed by a Communal Picnic and then Dancing!

#### Monday - July 3rd SITE CLOSSES AT NOON

**So stand ready! Caerthe's 25th Year approaches!**

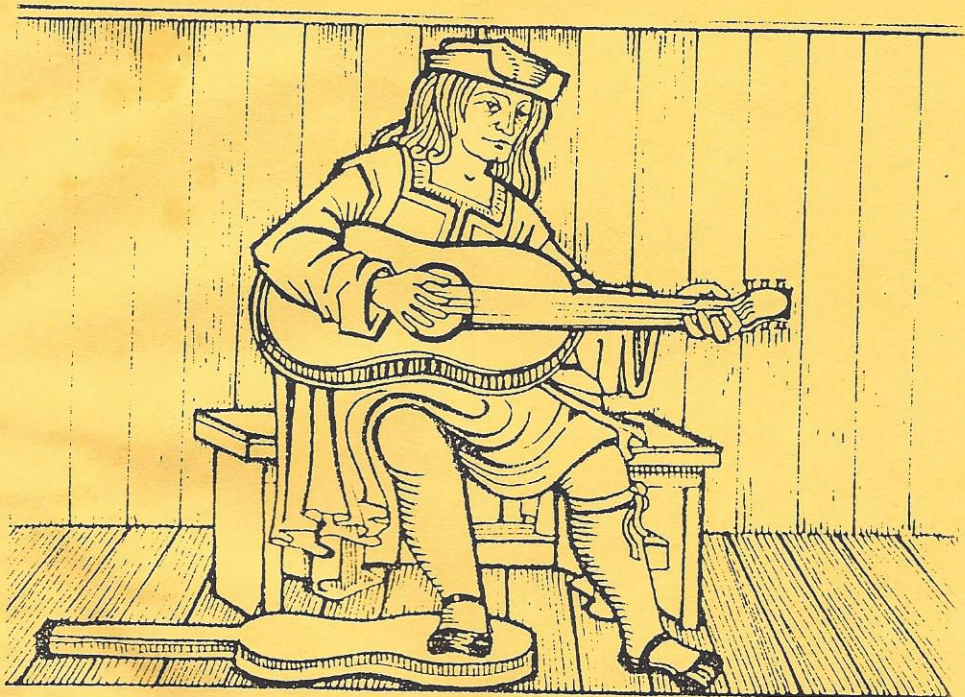
For more details contact: Countess Tess of the Crossings, Baroness of Caerthe  
c/o Theresa French (303) 488-9720, 1903 Van Buren Way, #401, Aurora, CO, 80011

MUSIC REVIEW. by GIULIETTA OF FLORENCE

MUSIC OF THE HIGH RENAISSANCE  
Purcell Consort of Voices

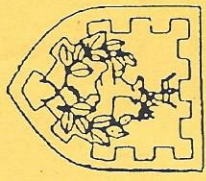
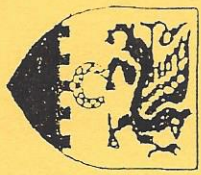
Music Era : Renaissance England 1543 - 1656 AD  
Available at Musicland in the mall.  
Cassette tape is \$3.95

This recording gives an idea of what music may have sounded like at the royal court. Or even church, a few of the songs are church songs. All songs are sung in english and original instruments of the period are played. These instruments include the viol, organ, and harpsichord. Composers included are William Byrd, Orlando Gibbons, John Bull, and Thomas Weelkes. Also included in the jacket sleeve of the album is a commentary on renaissance England and it's music. I feel that the recording is of interest the most to those who are interested in the music of this time. But the music does have a tendency to lean towards early Baroque in some of it's aspects. But over all it is a peaceful and quiet recording.



# Windswept

C/O Pat Hansen  
10205 Powderhouse  
Cheyenne, WY 82009



*Timed value - Do Not Delay*